

COLLARROY SURF LIFE SAVING CLUB INC.

# The COLLARROY CRAB

April 2026 Edition 20

[www.collarroysurfclub.com.au](http://www.collarroysurfclub.com.au)



**CONGRATULATIONS TO THE COLLARROY GIANTS  
AUSSIE GOLD IN THE OPEN FEMALE SURFBOAT FINAL!!**



*Collaroy Giants on the dais – first Open Surfboat Aussie medal since 1946*



*Collaroy members celebrating after the win*

## **SURF CLUB VS SWIM CLUB – 20 - PERSON RELAY**

This year, the Surf Club took home the trophy in a closely fought contest. The swimmers who represented the Surf Club were:

Lauren Armstrong, Brooke Miller, Aiyla Thomas-Smith, Eugene Swanepoel, Luke Eagle, Chelsea Tattersall, Charlie Jormanainen, Tanya Rutherford, Sigi Hill, Dash Armstrong, Gregg Armstrong, Jake de Kort, Damien Cook, Buddy Armstrong, Blake White, Scott Miles, Matt Gittoes, Leo Hill, Mitch Trim and Connor Ward.

### **PATROL ROSTER**

Saturday	18-4	11	1
Sunday	19-4	4	5
Saturday	25-4	12	9
Sunday	26-4	8	7

As you are probably aware, **Monday 27 April** has now been gazetted as a Public Holiday. If anyone can spare some time in the afternoon, please contact Jesse.

### **CLUB DATES FOR YOUR DIARY**

19 April 2026	Welcome Back from the Aussies 2pm
17 May 2026	Presentation of Lifesaving Awards
30 May 2026	Club Ball /Presentation Night – Long Reef Golf Club - details to follow
2 August 2026	Club AGM 11am

### **CARNIVAL DATES**

18 & 19 Apr 2026	State Board Riding Championships Merewether tbc
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### **ANZAC DUSK SERVICE**

On Saturday April 25, Collaroy RSL Sub Branch and The Collaroy Beach Club will be running the annual ANZAC Day Sunset Service at Collaroy Beach.

Collaroy Surf Club will be supplying a boat and crew to lay the wreath off the beach and we have also been asked to assist with helping some of the older veterans on and off the beach and during the parade. We are looking for volunteers dressed in full patrol uniform who would be available to assist between 4pm and 5.30pm on ANZAC Day.

As a large number of members over 18 generally get involved with the traditional ANZAC Day activities we would be looking to our younger members to assist. Naturally our older members would also be welcome.

If you can assist please message Ben Crabbe [training@collaroyurfclub.com.au](mailto:training@collaroyurfclub.com.au) or 0419010571.

## COMPETITION OFFICIALS COURSES

As everyone knows, we can't compete without our officials and currently there is a quota rgar we need to meet before our athletes can compete. There will be a couple of Officials Courses coming up for anyone who is interested -

Sun 19th April Queenscliff 8:00am  
Sun 3rd May Queenscliff 8:00am

Please contact Tony Hilliger at Branch if interested.  
Tony Hilliger <[surfsports@surflifesaving.net.au](mailto:surfsports@surflifesaving.net.au)>



## R&R BOB WOODGER MEMORIAL AWARD

At each Australian Championships, this award is presented to the R&R Official who has made a significant contribution in the running of the R&R event at the Aussies. This year, the award was presented to Andrew Sole.



*Bob Woodger Memorial Trophy presented by his daughter, Lynne Burke*

## CARNIVAL RESULTS

### Metropolitan Championships – Ocean Beach 14 March 2026

Open Female Surfboat	Collaroy Crusaders – 2nd
U23 Female Surfboat	Collaroy Cannons – 3 <sup>rd</sup> , Collaroy Cobras – 5 <sup>th</sup>
U23 Male Surfboat	Collaroy Long Necks – 4 <sup>th</sup>
U19 Female Surfboat	Collaroy Cutters – 6 <sup>th</sup>
U19 Male Surfboat	Collaroy Cowboys -4 <sup>th</sup>



*Collaroy Cannons – 3<sup>rd</sup> in the U23 Female Surfboat*

### Interseries Championships - Ocean Beach 15 March 2026

The Giants and Cobras were selected to represent Sydney Northern Beaches Branch in the NSW State Surfboat Interseries at Ocean Beach; the Giants in the Open Female division and the Cobras in the Reserve Female division. Individual results were:

Open Female Surfboat	Collaroy Giants – 2nd
Reserve Female Surfboat	Collaroy Cobras – 2nd

Sydney Northern Beaches Rays were successful in winning the State Title.



*Presentation at Ocean Beach following the event*



*The Giants and The Cobras representing Sydney Northern Beaches Rays in the Open and Reserve Females Divisions*

## **Australian Championships – North Kirra, Bilinga and Tugun Beaches**

### **Ocean Swim – 22 March 2026**

U13 Male Ocean Swim	Dash Armstrong – 2 <sup>nd</sup> place
35-39 Female Ocean Swim	Brooke Miller – 6 <sup>th</sup> place

### **Masters – 23 and 24 March 2026**

75 plus Male Beach Sprint	Mike Tomblin – 3 <sup>rd</sup> place
75 plus Male Beach Flags	Mike Tomblin – 2 <sup>nd</sup> place
70-74 Female Beach Sprint	Kerry Armstrong – 1 <sup>st</sup> place
70-74 Female Beach Flags	Kerry Armstrong – 2 <sup>nd</sup> place
70-74 Female 1Km Run	Kerry Armstrong – 1 <sup>st</sup> place
60-64 Female Beach Sprint	Philippa Wight 1 <sup>st</sup> and Miho Kawasaki 2 <sup>nd</sup> place
60-64 Female Beach Flags	Miho Kawasaki 5 <sup>th</sup> and Philippa Wight 6 <sup>th</sup> place
60-64 Female 1Km Run	Miho Kawasaki 2 <sup>nd</sup> place
230 Female Beach Relay	Collaroy A 4 <sup>th</sup> (Amy Ryniker, Miho Kawasaki, Philippa Wight, Kerry Armstrong)
45-49 Female Beach Sprint	Amy Ryniker – Quarter finalist
35-39 Female Surf Race	Brooke Miller -11 <sup>th</sup>



*Miho Kawasaki – 2 silver medals*



*Philippa Wight – 1<sup>st</sup> place 60-64 Female Sprint*



*Kerry Armstrong – 2 gold and 1 silver*



*Mike Tomblin – 1 silver and 1 bronze*

**Youth – 21 and 22 March 2026**

U13 Male Ironman	Dash Armstrong – 10 <sup>th</sup> place
U13 Male Surf Race	Dash Armstrong – 7 <sup>th</sup> place

**Opens – 25 to 29 March 2026**

Open Female Surfboat	Giants 1 <sup>st</sup> , Collaroy Crusaders 5 <sup>th</sup>
Reserve Male Surfboat	Withdrew after Round 1
U23 Female Surfboat	Cannons Semi Finalists, Cobras Quarter Finalists
U23 Male Surfboat	Long Necks – 5 <sup>th</sup>
U19 Female Surfboat	11 <sup>th</sup> in the Pointscore after the rounds
U19 Male Surfboat	5 <sup>th</sup> in the Elimination Round heats
Open Mixed March Past	Collaroy Ladies 1 <sup>st</sup> , Collaroy Bears 2 <sup>nd</sup>



*Crusaders – 5<sup>th</sup> place Open Female Surfboat Final*



*Open Female Surf Boat Final – places 2 to 6 -this is how close the Crusaders came to a silver medal*



*Collaroy Bears and Collaroy Ladies – Open March Past Presentation*



*Collaroy Long Necks – Finalists U23 Male Surfboat*



*Mad Monday celebrations at Kirra Beach Hotel*

### **BEACH CLUB RAFFLES**

Reminder that on the 4<sup>th</sup> Saturday of every month, our Surf Club members sell raffle tickets at the Beach Club. Prizes are seafood and Beach Club vouchers and all monies raised from these ticket sales goes directly to support the Surf Club. Come along and support our members and the raffle. Drawn at 5.30pm.

## YOUTH MENTAL HEALTH FIRST AIDERS

During February, a small group of club members completed Youth Mental Health First Aid training. Changes experienced between 12 and 18 years of age and the stress of being an adolescent, can contribute to the development of mental health problems. Some of the behaviours and changes that occur in adolescence may look like symptoms of mental illness whilst symptoms can also be masked by normal changes that occur during this time. Your Club values positive culture and values and it is hoped that these first aiders will be able to provide better initial support to a young member who is developing a mental health problem or experiencing a mental health crisis and ensure that they have the chance to enjoy a happy and productive adolescence. Stay tuned for how you can make contact with these first aiders.

If you feel affected by this, please contact Lifeline on 13 11 14, Beyond Blue on 1300 22 4636 or headspace on 1800 650 890.



Details to be released within the week.

## FROM THE HISTORY BOOKS.....

2026 was a very successful year at the Aussies: first Open Surf Boat medal since 1946, first and second in the Open March Past plus many other finalists and eight medals in the Beach arena.

This month we look at our past Australian Champions.



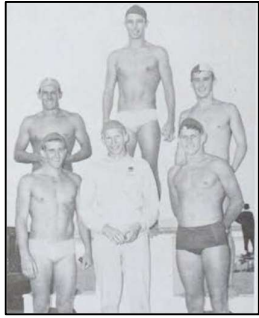
1946 Australian Champions – Open Surfboat: Dick Twight (Sweep), Graeme Bruce, Frank Hall, Stan Twight and Pat Armstrong

Year	Who	What
1920	Jim McManamey	Beach Sprint
1921	W Forbes, L McLelland, J McManamey, L Quinn, A Sheldon	Beach Relay
1922	Ron Harris	Senior Belt
1927	Ralph Chequer	Senior Belt
1929	Ralph Cheqher	Senior Belt
1931	Noel Spargo	Junior Surf
1940	Bill Abbott	Junior Belt
1946	Dick Twight, Pat Armstrong, Graeme Bruce, Stan Twight, Frank Hall	Senior Boat
1951	Neil Montgomery	Beach Sprint
	John Tenison	Musical Flags
	N Montgomery B Heath, R Langbein, N Twight, J Tenison	Beach Relay
1963	N Headford, A Hickey, J Ison, B McConville, P McCurtayne, E McIver, C Newman, D Newman, C Noble, R Senior, N Twight, J Vincent, A Wright, G Carlisle (c)	March Past
1966	J. King, D. Newman, C. Senior, R. Senior,	Open Beach Relay
	Doug Newman	Open Beach Sprint
	Brook Worthington	Junior Surf
1967	C Burns, J Cochrane, B Cripps, B De Manuel, A Duffy, J Ellis, W Edmonds, A Hickey, J Ison, P Montgomery, B McConville, C Newman, C Noble, RN Twight, G Carlisle (c)	Open March Past
	Chris Bradford	Junior Surf
	Mark Anderson	Cadet Surf
1968	Chris Bradford	Open Surf
	C Bradford, M Anderson, R Cooper, T Hixson	Open Surf Teams
	M Anderson, J Cottee, T Hixson, B Worthington	Junior Surf Teams

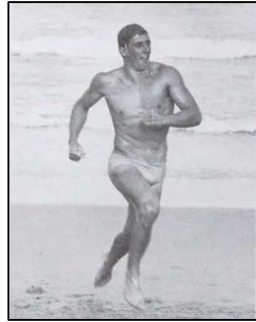
	A Chapman, J Cochrane, B Cripps, M Dickson, B Eastoe, J Ellis, S Ellis, W Edmonds, J Farrell, J Ison, P Montgomery, P Morgan, C Newman, C Noble, RN Twight, G Carlisle (c)	March Past
1969	A Chapman, J Cochrane, B Cripps, J Ellis, S Ellis, W Edmonds, J Ison, J Levett, A McFarlane, P Montgomery, C Newman, RN Twight, G Carlisle (c)	March Past
1970	M Anderson, J Bennett, M Bradford, I Montgomery	Open Surf Teams
1971	M Anderson, M Bradford, I Montgomery, W Portier	Open Surf Teams
1972	M Bradford, I Montgomery, C Piper, W Portier	Open Surf Teams
	A Chapman, R Barton, J Ellis, W Edmonds, J Farrell, D Graham, J Ison, J Levett, P Montgomery, C Newman, R Stacey, J Stanley, J Ward, A Wright, G Carlisle (c)	March Past
1974	Graham Windeatt	Open Surf
	Graham Windeatt	Open Belt
	A Chapman, D Cleary, W Edmonds, B Cripps, J Farrell, J Ison, J Levett, L McGaw, C Newman, R Stacey, J Ward, A White, G Wilson, R Twight (c)	March Past
1975	D Booth, A Clarke, J Dunne, C Montgomery	Junior Beach Relay
	A Chapman, D Cleary, J Ellis, J Farrell, J Ison, L McGaw, C Newman, P McCurtayne, R Stacey, J Ward, A Wright, G Carlisle, W Edmonds (c)	March Past
1976	J Farrell, A Hickey, J Ison, L McGaw, R Stacey, J Ward, J Wilson, A Wright, A Chapman, D Cleary, J Ellis, P McCurtayne, C Newman, M Payne, W Edmonds (c)	March Past
1977	A Chapman, J Ellis, J Ison, L McGaw, G Milsted, C Newman, M Payne, R Stacey, J Levett, J Wells, A Wright, G Carlisle (c)	March Past
1979	C Newman, P Montgomery, J Ison, L McGaw, A Chapman, J Levett, G Barrell, G Milsted, G Falk, B Booth, A Gracie, G MacMahon, G MacAdam, A Clarke, G Carlisle (c)	March Past
1980	C Newman, R Stacey, J Ison, A Chapman, J Levett, G Barrell, G Milsted, G Falk, A Gracie, G MacAdam, P Dawson, M Nicol, A Clarke, G Carlisle (c)	March Past
1984	R Greenwood, P Bott, M Reece, P Booth, M Brown (s)	Reserve Boat
1985	R Greenwood, P Bott, M Reece, P Booth, M Brown (s)	Reserve Boat
1989	R Macqueen, H Christie, K Marsh, P Booth, R Jorgensen (s)	Over 35 Boat
1990	Michael Goldman	Junior Beach Sprint
	R Macqueen, C Scully, P Bott, P Booth, S Scott (s)	Over 35 Boat
1991	B Coulston, P Daniel, B Dunkin, L Pendergast, S Scott (s)	Reserve Boat
	J Lisle, D Hopper, D Paavola, J Wolfe, S Scott (s)	Under 18 Boat
1994	Bob Langbein	> 60 Beach Sprint
1996	Callum Taylor	Open Beach Sprint
	Callum Taylor, Bryce Johnson, Andrew Hopper, David Farrell	Open Beach Relay
1997	Callum Taylor	Open Beach Sprint
	Callum Taylor, Bryce Johnson, Andrew Hopper, David Farrell	Open Beach Relay
1998	Chris Montgomery	40-44 Men's Sprint
1999	Brian Morton and Yanda Nossiter	Open Mixed Dble Ski
	Glen Robison, Sigi Hill, Paul Ducker, Matt Diggins, Paul de Kort	Open 5 Person R&R
	A Bond, R Hastie, E Stephens, D Abbott, S Kidd, R Springall, C Fowler, A Jones, N Bridges, F Doman, D Farrell, A Newman	U21 March Past
	Matt Gittoes	U18 Single Ski
2000	Lauren McKie (now Armstrong)	Open Female Ski
2001	L Churchill, R McDowell, K Perry, S Rossi, S Springall, P de Kort (c)	U16 Female 5 Man R&R
2002	Grant Currie	40-44 Men's Flags
2003	K & S Birtwistle, R Springall, R Broome, K Buchan, K Coggins, B Ison, J Layton, E McKie, B Perry, E Stolp, J Taylor, K Woodhouse, C Newman (c)	U21 March Past
2005	T Aouad, N Armstrong, G Broome, N Chaffer, R Cooper, R Levy, D Macintosh, K McKie, D Perry, P Rumble, M Tomblin, G MacMahon, C Newman (c)	Open March Past

2006	Kendrick Louis	U17 Male Tube Race
	Jane Ensor	Open Ladies Malibu
	K Birtwistle, C Bullivant, K Coggins, J Hart, B Ison, J Layton, E McKie, E Mickan, J Nicholas, B Perry, K Trim, A Yardy, C Newman (c)	U21 March Past
2007	Kendrick Louis	U17 Male Ironman
	Jane Ensor	U17 Ladies Surfboard
	L Aouad, K Birtwistle, C Bullivant, K Coggins, J Hart, B Ison, J Layton, E McKie, J & E Mickan, B Perry, K Trim, C Newman (c)	U23 March Past
2008	P de Kort, P Ducker, P McDermott, E McKie, T Ware	Open Mixed 5 Man R&R
	K Birtwistle, C Bullivant, B Coulcher, J Hart, E Lamb, J Layton, E McKie, J & E Mickan, B Perry, D Simonsen, K Trim, C Newman (c)	U23 March Past
	Kendrick Louis	U19 Male Ironman
	Linda McDowell	50-54 Female Sprint
2009	P de Kort, P Ducker, P McDermott, E McKie, T Ware, P Edwards(c)	Open Mixed 5 Man R&R
	Kendrick Louis	U19 Male Ironman
	Kendrick & Bart Louis, Pat Nicol	U19 Male Board Relay
	C Attanasio, G Butterworth, B Coulcher, E Lamb, E McKie, J & E Mickan, A Naylor, B Perry, D Simonsen, J & K Trim, C Newman (c)	U23 March Past
2010	Bart Louis, Mitchell Trim and Pat Nicol	U19 Male Board Relay
	Kerry Armstrong, Lynette Gregory, Louise Smallwood, Debra Trim	200+ Female Bch Relay
2011	P de Kort, P Ducker, I Marynissen, P McDermott, T Ware	Open Mixed 5 Man R&R
	Katie Williams	U19 Female Sprint
	Katie Williams	U19 Female Flags
	Aimee Gundry, Eleanor Lamb, Jess Redden, Katie Williams	U19 Female Bch Relay
	J Bowyer, J de Kort, A Loone, J Sole, A Suters, P de Kort (c)	U15 5 Man R&R
	Louise Smallwood	60-64 Female 1km Run
	Louise Smallwood	60-64 Female Sprint
2012	Jac & P de Kort, A Fitzpatrick, P McDermott, B Perry, A Ware, P Edwards (c)	6 Person Mixed R&R
	J Bowyer, B Coulcher, J de Kort, A Gundry, M Kember, E Lamb, A Loone, I Marynissen, E Mickan, J Sole, A Suters C Newman (c)	U23 March Past
	Michael Kember, Ross Langbein, Elliot Marynissen, Dean Scarff	Open Male Bch Relay
	Katie Williams	U19 Female Sprint
	Katie Williams	U 19 Female Flags
	J Bowyer, J de Kort, A Loone, J Sole, A Suters, P de Kort (c)	U15 5 Person R&R
	Louise Smallwood	60-64 Female 1km run
	Sigi Hill	35-39 Male Tube
	Robyn Hill	35-39 Female Tube
2013	Michael Kember, Ross Langbein, Elliot Marynissen, Dean Scarff	Open Male Bch Relay
	J Bowyer, J de Kort, A Loone, J Sole, A Suters, P de Kort (c)	U17 5 Man R&R
	Megan Lutze	U17 Female Flags
	J & N Arico, A Baker, G Bathie, J Scott - J de Kort, J Bowyer (c)	U15 5 Person R&R
	Matt Gittoes and Gregg Armstrong	30-34 Male Dble Ski
	Ross Langbein	30-34 Male Sprint
	Robyn Hill	35-39 Female Tube
	Louise Smallwood	60-64 Female Flags
	Louise Smallwood	60-64 Female 1km run
2014	Jake & Paul de Kort, Angus Fitzpatrick, Peter McDermott, Brooke Perry, Adam & Todd Ware, Paul Edwards(c)	6 Person Mixed R&R
	J Bowyer, B Coulcher, J de Kort, A Fitzpatrick, E Lamb, A Loone, M Lutze, J & L MacMahon, I Marynissen, B Numa, A Suters – S Perry, A Bullivant (c)	U23 March Past
	Jake de Kort	U17 Male Champion Lifesaver
	J Bowyer, J de Kort, A Loone, B Numa, A Suters, P de Kort (c)	U17 5 Man R&R
	Ross Langbein	30-34 Male Sprint
2015	Katie Williams	Open Female Flags
	Michael Kember, Ross Langbein, Elliot Marynissen, Dean Scarff	Open Male Bch Relay

	Aimee Gundry, Abbey Jones, Sarah McRitchie, Georgie Rowe, M Anderson (s)	U23 Female Boat
	Shane Freeman, Angus Hoy, Sam Nicholas, Jason Pearce, G Scott (s)	U23 Male Boat
	A Baker, J, G & E Bathie, J, N & T Bowyer, J de Kort, K Ducker, E Lamb, A Loone, B Numa, A Suters – A Bullivant, D Trim (c)	U23 March Past
	J Bowyer, J de Kort, A Loone, B Numa, A Suters, P de Kort (c)	U19 5 Man R&R
	E Bathie, C Gaw, C Loone, K Numa, R Shimakage, J de Kort (c)	U15 5 Person R&R
	Ross Langbein	30-34 Male Sprint
	Louise Smallwood	60-64 Female Sprint
	Louise Smallwood	60-64 Female 1km run
2016	T Aouad, N Armstrong, M Bowyer, G Broome, P Ducker, R Levy, D Macintosh, G MacMahon (c), P MacMahon, K McKie, B Muncke, C Williams	Open March Past
	J & N Arico, A Baker, G Bathie, N Bowyer, J de Kort, A & C Loone, B & K Numa, R Shimakage, A Suters – A Bullivant, D Trim (c)	U23 March Past
	J & N Arico, A Baker, G Bathie, T Bowyer - J de Kort, J Bowyer (c)	U17 5 Person R&R
	Ross Langbein	30-34 Male Sprint
	Ross Langbein	30-34 Male Flags
	Matt Gittoes and Gregg Armstrong	30-34 Male Dble Ski
	Louise Smallwood	65+ Female Sprint
	Louise Smallwood	65+ Female Flags
	Louise Smallwood	65+ Female 1Km Run
2017	K Armstrong, N Bowyer, A Bullivant, J De Kort, A Donlan, A Ducker, J Fahey, K McKie, A Mickan, S Perry, A Williams, P de Kort (c)	Open March Past
	J Bowyer, N Bridges, J de Kort, A Loone, B Perry, A Suters, P de Kort (c)	6 Person Mixed R&R
	Ross Langbein	30-34 Male Sprint
	Ross Langbein	30-34 Male Flags
2018	K Armstrong, N Bowyer, A Bullivant, A Donlan, A Ducker, J Fahey, K McKie, A Mickan, B & S Perry, D Trim, A Williams, John Fahey (c)	Open March Past
	Linda McDowell	60-64 Female 1Km Run
2019	T Aouad, N Armstrong, M Bowyer, G Broome, P Ducker, R Levy, D Macintosh, G MacMahon (c), P MacMahon, K McKie, B Muncke, C Newman, C Williams	Open March Past
	Kerry Armstrong	60-64 Female 1Km Run
	J Bowyer, J de Kort, P Ducker, A Loone, A Suters, P de Kort (c)	Open 5 Man R&R
2021	K Armstrong, N Bowyer, A Bullivant, F Byrne, J De Kort, A Donlan, A Ducker, J Fahey, A Mickan, B & S Perry, D Trim, P de Kort (c)	Open March Past
	Kerry Armstrong, Miho Kawasaki, Linda McDowell, Philippa Wight	230 Female Bch Relay
	Nathan McKay	45-49 Male Sprint
	Kerry Armstrong	65-69 Female 1Km Run
2022	K Armstrong, N Bowyer, A Bullivant, F Byrne, J De Kort, A Donlan, A Ducker, J Fahey, A Mickan, B & S Perry, D Trim, P de Kort (c)	Open March Past
2024	K Armstrong, N Bowyer, N Bridges, A Bullivant, F Byrne, J De Kort, A Donlan, A Ducker, J Fahey, K McKie, A Mickan, S Perry, D Trim, P de Kort (c)	Open March Past
	Kerry Armstrong	65-69 Female 1Km Run
2025	K Armstrong, N Bridges, A Bullivant, J De Kort, A Donlan, A Ducker, J Fahey, A Mickan, B Miller, S Perry, D Powis, D Trim, P de Kort (c)	Open March Past
	E Plummer, D Robbins, C Robertson, A Thomas-Smith, M Reece (s)	U19 Female Boat
	Kerry Armstrong	70-74 Female 1Km Run
	Miho Kawasaki	60-64 Female 1Km Run



1968 - Senior Surf Team



1968 - Chris Bradford



1974 - Grahame Windeatt



1968 – March Past Presentation - Graham Carlisle and John Gorton (then Prime Minister)



1979 March Past Champions



*1984 and 1985 Reserve Boat Champions*



*1975 Junior Beach Relay*



*1975 March Past Presentation – Wal Edmonds with Governor General Sir John Kerr*



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